CARDIAC CARE: ENHANCE CAPABILITIES FOR IMPROVED OUTCOMES
Improving care and services for cardiac patients is top of mind for many post-acute care providers. And for good reason, as cardiovascular disease is not only the most prevalent condition facing older adults, but it’s one of the most costly as well. Adults 65 years of age and older account for 36.5% of the total cost of cardiovascular disease in the US. In 2011, the US spent $116.8 billion on cardiovascular disease in this population alone.

In 2010, 51% of all cardiovascular surgical procedures were performed on people 65 or older. Very elderly patients often have a higher risk-adjusted mortality, have longer hospitalizations, receive less evidenced-based care and are less likely to be discharged to their original place of residence.

In addition, older adults with a cardiac condition are often frailer and have additional comorbidities, such as high blood pressure, diabetes and depression. Older adults experiencing a cardiac event or undergoing cardiac surgery often require post-acute rehabilitation at a Skilled Nursing or Rehabilitation facility.

A comprehensive cardiac program in a Skilled Nursing and Rehabilitation facility may include, but is not limited to:
- Nursing assessment
- Observation
- Medication management
- Exercise
- Nutrition counseling
- Fluid management
- Rehabilitation services
- Management of comorbidities
- Respiratory services
- Prevention
- Resident education
- Discussion of outpatient cardiac rehabilitation
- Post-discharge monitoring
**HEART FAILURE** is the MOST COMMON HOSPITAL DISCHARGE DIAGNOSIS for adults ages 65+ and the primary cause of readmission within 60 days

**REHOSPITALIZATION RATES** in Skilled Nursing facilities for heart failure can range from 27% to 43%

By 2030, more than 8 MILLION ADULTS will have heart failure

**46%** increase

80% of HEART FAILURE patients EXPERIENCE a HOSPITALIZATION within the last 6 months of life

HEART FAILURE is the MOST COMMON HOSPITAL DISCHARGE DIAGNOSIS for adults ages 65+ and the primary cause of readmission within 60 days

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The rate of hospital discharges to Skilled Nursing is steadily increasing.

Of those using Skilled Nursing services*:  

- 11% have had coronary artery bypass surgery
- 20% have had valve surgery
- 30% have had an MI
- 25% have heart failure

**Cardiovascular Disease** is the LARGEST DIAGNOSTIC CATEGORY for seniors being discharged from the hospital to Skilled Nursing

*% of Medicare patients with a cardiac condition who have been hospitalized

Source: American Heart Association

**Exercise and Education** may positively impact a resident's return home and HELP PREVENT REHOSPITALIZATIONS

By 2030, more than 8 MILLION ADULTS will have heart failure

Source: Heidenreich et al.

Source: Dolansky, M. et al.

Source: Fitch, K. et al.

Source: Jurgens et al.

Source: Jurgens, C. et al.

* Shipping offers valid only on qualifying orders shipped within the 48 contiguous states; liftgate charges may apply. Flat-rate shipping charges apply per shipment, per qualifying manufacturer. Weight restrictions may apply. Call your account manager for details.
1. Assessment and Monitoring
The ability to measure blood pressure, temperature, oxygen saturation and weight has been a standard for years. In the past 5 to 10 years, many providers have been adding more tools to their assessment arsenal, in part due to the rising acuity needs of residents, the trend to treat residents in the facility instead of sending them to the hospital and the affordability of equipment to allow for more advanced assessment.

2. Point-of-Care Laboratory Testing
Improved technology in mobile laboratory products, as well as appropriate CLIA-waived tests, is allowing Skilled Nursing and Rehabilitation providers more options in managing lab tests on-site.

3. Heart Rhythm Monitoring
Bringing ECG technology in-house provides nurses and physicians the opportunity to assess a change in a resident’s cardiac rhythm more quickly and make better decisions about whether to send the resident to the hospital or treat in-house. ECG technology has evolved to allow for real-time evaluation and store-and-forward technology, allowing the nurse to collect a reading on the spot and later send the results to another location.

4. Pulmonary Care
Older adults with cardiovascular disease often suffer from pulmonary complications as well. Preparing for a variety of pulmonary care needs includes, but is not limited to, oxygen administration for high- and low-flow rate needs, ambulatory oxygenation, respiratory hygiene and nebulized medications. Use an interprofessional-team approach, including exercise, stress management, smoking cessation and dietary changes, to support residents in meeting their clinical care goals.
3 Heart Rhythm Monitoring

4 Pulmonary Care
A. **NEW! Welch Allyn Connex Spot Monitor** – designed by clinicians to quickly and efficiently obtain vital signs, including blood pressure, temperature and SpO₂

- Communicates directly with certain EMRs to reduce errors and improve clinical work flow
- SureBP technology enables accurate and more comfortable 15-second blood pressure readings as the cuff is inflating; pulse rate and MAP included
- Unique blood pressure averaging technology aids in reducing misdiagnosis; blood pressure intervals can be set for predefined or customized cycle times
- Thermometry options: SureTemp Plus or Braun ThermoScan PRO 6000
- Pulse oximetry (SpO₂) options: Masimo or Covidien (Nonin also available as a wired alternative, call your account manager to order)
- Alarm controls and status are conveniently displayed on the home screen
- Vivid 7” color touchscreen
- 2-year warranty
- Compatible Mobile Stand options include: Classic Wire Basket Stand or Accessory Power Management Stand with integrated battery

Enhance your workflow with EMR connectivity

Connex® with Electronic Vitals Documentation is an end-to-end solution that wirelessly delivers accurate resident information from the bedside directly into the resident’s record in your Electronic Medical Record (EMR). This process:

- Reduces errors, delayed information or having the wrong information for your seniors
- Saves significant paperwork so caregivers can spend more time with their residents
- Improves teamwork and staff satisfaction levels
- Captures complete information at the point of care, including automatic measurements, manual parameters and modifiers such as body position
B. Attendant® Premium Vital Signs Monitor – industry-recognized measurement technologies for NIBP, SpO₂, and temperature at an affordable price

» Ships In 2 Days Or Less!

• Comes complete with noninvasive Omron® blood pressure (NIBP), Nellcor™ pulse oximetry (SpO₂) and Welch Allyn® SureTemp® oral thermometry*
• Continuous monitoring or spot checking gives your staff the flexibility to standardize, capturing vitals with one unit
• Enjoy speed, accuracy and faster responses with an audible alarm – readings in under 30 seconds
• Nellcor™ pulse oximetry provides a quality SpO₂ algorithm
• Impressive 8-hour nickel-metal hydride battery charges for continuous use for an entire shift
• Includes oral temperature probe, probe covers, two adult BP cuffs (medium and large) and clip-style pulse ox probe
• Conveniently portable at just 6 lbs.
• Optional mobile stand makes moving the unit from room to room easy
• 1-year limited warranty, 90-day warranty on accessories

#09423 Premium Vital Signs Monitor
#14360 Premium Vital Signs Monitor with Printer

Accessories
#14356 Rolling Stand
#09424 SpO₂ Probe
#A7508 Nellcor Ear Probe
#10047 Probe Covers, Box of 25 case of 10
#14354 Rechargeable Ni-MH Battery
#14352 Oral/Axillary Temperature Probe

Cuffs
#14357 Pediatric Cuff
#09429 Adult Cuff
#09426 Large Adult Cuff
#09428 Extra Large Adult Cuff

*Welch Allyn® SureTemp® and Nellcor™ are trademarks of or licensed by Welch Allyn, Inc. and Covidien, respectively, and used with permission.

For additional replacement cuff options, see page 9.
Pulse oximeters that provide results quickly

A. SPECTRO\textsuperscript{2} \textsuperscript{™} 30 Pulse Oximeter – all the great features of the SPECTRO\textsubscript{2} 10, plus more!

- **FLAT-RATE SHIPPING** – only $12 per shipment!

- Flat-rate shipping – only $12 per shipment!

- Features continuous monitoring capability with audible and visual alarms
- Operates with patented serial auto correlation technology
- Choose from user-selectable Clinician, Home and Sleep operating modes
- Requires four AA batteries or two lithium-ion batteries (not included)
- Protective Boot not included
- 3-year warranty

#29868 30 Pulse Oximeter

Accessories

- #17013 Replacement Finger Probe
- #29870 Protective Boot
- #29871 Rechargeable Lithium-Ion Battery
- #45801 AA Batteries pack of 12

B. Attendant\textsuperscript{®} Handheld Pulse Oximeter – designed with Senior Living in mind and backed by a 3-year limited warranty!

- **SHIPS IN 2 DAYS OR LESS!**

- Built-in probe storage helps protect the probe when not in use
- Optional sock-style probe design is ultra durable compared to traditional clamp-style probe
- Automatically shuts off after 90 seconds of no use
- Includes four AA batteries (for 48 hours continuous use)
- Includes protective boot
- 3-year limited warranty, 1-year probe limited warranty

#40486 Handheld Pulse Oximeter, Traditional-Style Probe
#40485 Handheld Pulse Oximeter, Sock-Style Probe

Accessories

- #40747 Replacement Sock-Style Probe
- #40750 Replacement Protective Boot

Includes protective boot and 3-year limited warranty!
C. **SureTemp® Plus Thermometer** – versatile design accommodates various body site readings

▶ **FLAT-RATE SHIPPING** – only $12 per shipment!

» **Ships In 2 Days Or Less!**

- Get oral temperature readings in 4 seconds, rectal temperatures in 10 seconds and axillary temperatures in 15 seconds
- Last-temperature recall remembers last temp taken
- Removable, color-coded probe minimizes risk of cross-contamination and is easier to clean
- Includes oral probe
- Runs on three AA batteries (not included) for approximately 6,000 readings
- 2-year warranty on thermometer, 1-year warranty on probe

#72889 SureTemp Plus
#72890 SureTemp Plus with Wall Mount

**Accessories**
- #10047 Probe Covers, Box of 25 case of 10
- #74641 Replacement Oral Probe
- #74642 Rectal Probe
- #45801 AA Batteries pack of 8

D. **Durable Blood Pressure Cuff for Attendant® Vital Signs Monitor** – available in a variety of sizes to fit most residents

» **Ships In 2 Days Or Less!**

- Suitable for use on multiple residents
- Single tube; not replaceable
- 60-day limited warranty

<table>
<thead>
<tr>
<th>Size / Measurements</th>
<th>Qty.</th>
<th>Single Tube</th>
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<tbody>
<tr>
<td>Small Adult 13 - 23 cm</td>
<td>Each</td>
<td>#A7293</td>
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<tr>
<td>Medium Adult 23 - 33 cm</td>
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<td>#A7294</td>
</tr>
<tr>
<td>Large Adult 28 - 38 cm</td>
<td>Each</td>
<td>#A7295</td>
</tr>
<tr>
<td>X-Large Adult 37 - 48 cm</td>
<td>Each</td>
<td>#A7296</td>
</tr>
</tbody>
</table>

**E. Disposable Blood Pressure Cuff for Attendant® Vital Signs Monitor** – for use on a single resident

» **Ships In 2 Days Or Less!**

- Provides single resident usage to help with infection control
- Single tube, not replaceable

<table>
<thead>
<tr>
<th>Size / Measurements</th>
<th>Qty.</th>
<th>Single Tube</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small Adult 13 - 23 cm</td>
<td>10/Case</td>
<td>#A7297</td>
</tr>
<tr>
<td>Medium Adult 23 - 33 cm</td>
<td>10/Case</td>
<td>#A7298</td>
</tr>
<tr>
<td>Large Adult 28 - 38 cm</td>
<td>10/Case</td>
<td>#A7299</td>
</tr>
<tr>
<td>X-Large Adult 37 - 48 cm</td>
<td>10/Case</td>
<td>#A7300</td>
</tr>
</tbody>
</table>

F. **Attendant® Stethoscope** – an impressive blend of quality and performance

» **Ships In 2 Days Or Less!**

- Features stainless steel, dual-headed chest piece for accurate diagnostics, ideal for capturing both low and high frequencies
- Sensitive 1.88" diaphragm diameter provides excellent sound collection
- Dual antichill ring design for resident comfort
- Latex-free

#A7301 Attendant Stethoscope

**Shipping offers valid only in the 48 contiguous states; liftgate charges may apply. See page 3 for additional details.**

1-800-634-7328 DirectSupply.net
Wireless scales from seca connect to Welch Allyn Connex® Spot Monitors in order to transfer weight and height data to an EHR.

A. **NEW! seca 664 Wireless Wheelchair Scale** – with its high capacity of 800 lbs., the seca 664 makes it easier to weigh heavier residents
   - Weight can be wirelessly transmitted to EHR by sending weights directly to a Welch Allyn Connex® Spot Monitor using seca 360-degree wireless USB adapter† (included)
   - Easy access is assured by its extremely low platform and the self-lowering ramps; two ramps included
   - An integrated Pre-TARE function determines in seconds the net weight of the resident through internal weight memory
   - The swiveling LCD with large letters is easy to read for the resident and caregiver
   - Scale can be folded up in no time and can be transported anywhere, thanks to its roller casters
   - Secure siderails and slip-resistant platform provide additional safety

   #E4694 seca 664 Wireless Wheelchair Scale, 800 lb. Capacity

**Replacement Parts**

#E4692 seca 456 360-Degree USB Adapter
†Connex Spot Monitor must be connected to EHR

B. **Rice Lake Digital Rolling Chair Scale** – 660 lb. capacity
   - Streamlined design fits into multiple residential environments
   - Large, easy-to-read LCD display includes BMI and hold functions
   - Swing-up armrests and four locking casters increase utility; EMR capable
   - Powered by six AA batteries (included) or optional AC power adapter
   - RS-232 or USB output
   - 2-year limited warranty

   #A1573 Digital Chair Scale

**Accessories**

#A4027 AC Adapter, 120V
#45801 AA Batteries pack of 8
C. **NEW!** Coag-Sense PT/INR Professional System – direct clot-detection technology that provides accurate results in under one minute

- With barcoding on each test strip, no calibration code input or chip is required
- No test strip refrigeration needed
- No electrodes to clean or worry about
- Enclosed detection wheel in each strip eliminates cross-contamination risk
- Portable yet stable design
- System includes a meter, professional’s user manual, professional quick reference guide, auto single-use lancets, four AAA alkaline batteries and an AC power supply

#E5753 Coag-Sense PT/INR Professional System

**Accessories**

#E5754 Coag-Sense Professional Test Strip Kit
#E5755 Coag-Sense Control Strip Kit, 10
#E5756 Coag-Sense Lancets Auto Single Use, 21g Normal Depth
#E5757 Coag-Sense Sample Transfer Tubes
#E5758 Coag-Sense Power Supply, Switching Wall Adapter, 6V/20W

---

**PT/INR testing made simple**

With new technology in PT/INR monitoring, direct clot detection is easier and more accurate than ever before with the Coag-Sense system.

- **Superb precision** – unlike electrochemical detection-based devices, the Coag-Sense system doesn’t rely on the concentration of blood constituents not involved in clot formation to produce results. This change improves precision and reduces the variability of readings often seen in other systems
- **Red blood cells aren’t required** – Coag-Sense isn’t affected by low hemoglobin or hematocrit levels, a common source of inaccurate results
- **Small sample size** – only 10µl of fingerstick sample is required. The sample is easily transferred from a resident’s finger to the test strip with included sample transfer tubes
- **Offers true controls** – Coag-Sense is the first system of its kind to offer true high and low control strips, which contain the same thromboplastin used in the test strip along with plasma of known INR

---

D. **Economical Pocket-Sized Doppler Kit** – clear audio sounds of blood flow

► **FLAT-RATE SHIPPING** – only $12 per shipment!

- Nondirectional, audio-only pocket-sized Doppler
- 5 MHz for deeper vessel evaluation;
  8 MHz for superficial vessels
- Carrying case and headphones included
- Blood pressure cuff recommended (not included)
- 5-year warranty

#E5138 Coag-Sense Economical Mini-Doppler Kit

**Accessories**

#51332 Blood Pressure Cuff
#45800 9V Batteries pack of 12

► Shipping offers valid only in the 48 contiguous states; liftgate charges may apply. See page 3 for additional details.
A. Welch Allyn CP 150 ECG – features a compact, lightweight design that’s perfect for small spaces

» FREE SHIPPING!
• 7” color, touchscreen display for fast entry of accurate resident information
• 12-lead tabletop unit with 3-lead ECG preview
• Memory able to store up to 100 tests
• Instant-on feature powers device quickly, resulting in ECG capture at a moment’s notice
• Lithium battery operation allows for easy transport; battery allows for up to 8 hours of continuous use
• Flexible – interpretation upgrades available as add-ons after unit is purchased
• 3-year limited warranty

#A6272 CP150 ECG Interpretive

Comprehensive Partners in Care
#A6281 1-Year Partners in Care Agreement
#A6282 2-Year Partners in Care Agreement

Accessories
#A6290 Mobile Cart
#A6293 Replacement Lithium Battery
#A6287 10-Lead Resident Cable

#64547 Resting Tab Electrodes

Software and connectivity options available.
Call your account manager for details at 1-800-634-7328.

Monitor heart rates for early signs of abnormalities with ECGs

Choose the solution that helps you effectively manage your ECG reports.

<table>
<thead>
<tr>
<th></th>
<th>Welch Allyn CP150 ECG</th>
<th>NEW! Spaulding Web ECG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type of readings captured</td>
<td>Rhythm or 3-, 6- or 12-lead reports</td>
<td>Rhythm or 12-lead reports (available in 3 x 4, 6 x 2 or 12 x 1 configurations)</td>
</tr>
<tr>
<td>Duration of ECG captured</td>
<td>10 seconds</td>
<td>Up to 5 minutes of 12-lead rhythm data or standard 10-second ECG</td>
</tr>
<tr>
<td>Paper report options</td>
<td>Print reports via built-in printer</td>
<td>Send reports to local printer or fax machine using standard printer paper</td>
</tr>
</tbody>
</table>
| Digital report options | Save to USB, then upload to PC                                                       | • View instantly on Android and Apple mobile devices or Windows PCs
                                                                                  | • Auto-fax results                                                  |
| Report review options  | Paper printouts or digital upload via USB                                            | Review, save and edit reports from anywhere using cloud-based software management platform |
| Tools to compare patient’s previous ECGs                                       | No                                                                                          | Yes                                                          |
| Computer-generated ECG interpretation | Instant ECG interpretation using the Glasgow Algorithm                              | Instant ECG interpretation using the Glasgow Algorithm       |
| Optional integrated access to cardiologist overreading                           | No                                                                                          | Yes                                                          |
| Size of device          | 22”W x 12”D x 19”H                                                                  | 1”H x 3⅛” dia.                                              |
| Weight of device        | 22 lbs.                                                                             | 3.3 oz.                                                     |
B. **NEW! Spaulding ECG 2100iQ** – a complete 12-lead ECG solution for a faster and more reliable analysis

- Portability and one-button operation designed for Senior Living
- Stream ECGs wirelessly to your Windows PC and Apple or Android mobile devices with included software
- Includes 1-year webECG software license, a web-based program to enter ECG orders and view reports anytime, anywhere
- Optional Physician’s Toolkit provides advanced physician analytics, reporting and physician reader assignment capabilities
- Includes AHA patient cable and charging cable
- Rechargeable lithium ion battery provides 3 to 4 hours of continuous use
- Leads acquired: I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5 and V6
- Features Bluetooth v2.1 + EDR protocol data encryption
- 1-year warranty

#E7842 ECG 2100iQ
#E7843 ECG 2100iQ with Physician Toolkit

**Accessories**
- #E7845 Soft Carrying Case
- #E7846 Electrodes 10 bags of 60
- #E7850 10" Tablet
- #E7844 Replacement AHA Cable
- #E7848 Replacement USB Cable
- #E7849 USB Wall Charging Unit

| Shipping offers valid only in the 48 contiguous states; liftgate charges may apply. See page 3 for additional details. | 1-800-634-7328 | DirectSupply.net | 13 |
Convenient options for respiratory therapy on the go

A. AirSep New Life Intensity Oxygen Concentrator – dual flow port allows the unit to serve two residents at once
   • Can save power by providing oxygen to two residents at once up to 10 lpm combined with one unit
   • High outlet pressure designed to power high acuity respiratory accessories, including large volume jet nebulizers, ventilators, medication nebulizers and long oxygen tubing runs
   • Simplified tracheostomy setup with jet neb attachment directly on unit eliminates the need for a separate compressor machine
   • Several alarms for added security, including battery test, high temperature, power failure, high and low pressure, and low concentration (with optional oxygen monitor)

   Specifications:
   - Flow Rate: 2 - 10 lpm
   - O₂ Purity %: 92% (+3.5/-3%) at 2-9 lpm, 90% (+5.5/-3%) at 10 lpm
   - O₂ Pressure: 20 psi
   - Power Consumption: 590W
   - Sound Level: 55 db (10 lpm model)
   - Dimensions: 16½"W x 14½"D x 27¼"H
   - Weight: 58 lbs.
   - Warranty: 3 years

10 Liter
- #A9971 AirSep Intensity 10 Oxygen Concentrator, Single Flow
- #A9972 AirSep Intensity 10 Oxygen Concentrator, Single Flow
- #A9974 AirSep Intensity 10 Oxygen Concentrator, Dual Flow

Accessories
- #C8731 Muffler Assembly
- #C5939 2-Year Extended Warranty

Filters
- #C8729 Foam Cabinet Filter
- #C8730 Felt Pre-Filter
- #C8732 Service Pack: Includes Foam Cabinet Filter and Felt Pre-Filter

B. Companion 5 Compact Oxygen Concentrator – compact with nearly silent operation
   » Ships In 2 Days Or Less!
   • Delivers 0.5 to 5.0 lpm continuous flow at high purity levels
   • autoFLOW technology reduces power to less than 300W when running at 3.0 lpm and below
   • ultraSILENT technology produces industry-leading quietest purge cycle and near silent operation
   • The robust metal cannula connection provides a secure link, and the humidifier bottle stand is integrated into the front panel for easy access, attachment and durability
   • Optional OCSI (Oxygen Monitoring) available for added security

   Specifications:
   - Flow Rate: 0.5 - 5.0 lpm
   - O₂ Purity %: 90% +5.5/-3%
   - O₂ Pressure: 4.6 psi
   - Power Consumption: 285W at 2.0 lpm, 350W maximum
   - Sound Level: 40 dB @ 2.0 lpm
   - Dimensions: 12½"W x 13½"D x 21¼"H
   - Weight: 36 lbs.
   - Warranty: 3 years

#C574 Companion 5 Oxygen Concentrator
#C5319 Companion 5 Oxygen Concentrator with OCSI

Accessories
- #C5941 2-Year Extended Warranty

Filters
- #C6192 Air Intake Filter
- #C6197 HEPA Filter

For additional replacement filters and other accessories visit DirectSupply.net.
C. AirSep Focus Oxygen Concentrator – world’s lightest portable oxygen concentrator
- Help your residents be more independent without having to carry the extra weight of a heavy concentrator
- Weighs only 1.75 lbs. and is equipped with UltraSense™ technology, which provides a more sensitive pulse dose delivery than competitor devices
- Advanced intelligence built into the microprocessor of the Focus ensures fast, reliable pulse dose delivery in the first phase of inhalation, when the highest levels of gas exchange are occurring in the lungs
- Plus, UltraSense technology delivers a reliable pulse dose even when operated with up to 25’ of tubing, allowing residents to go the distance with Focus
- Unit’s micro-batteries provide advanced duration times in a very small package that easily attaches at one’s hip, on a belt or even to the unit’s shoulder strap

### Specifications:
- **Flow Rate:** 2.0 pulse setting
- **O₂ Purity %:** 90% +5.5 / -3%
- **Battery Life:** 3 hours total (1.5 per battery, 2 included)
- **Dimensions:** 4½”W x 2½”D x 6½”H
- **Weight:** 1.75 lbs.
- **Warranty:** 3 years on concentrator, 1 year on battery and accessories

#E1454 Focus Oxygen Concentrator  
#E1460 Focus Battery

D. SeQual Eclipse 5™ Transportable Oxygen Concentrator – delivers the highest pulse dose oxygen output
**Ships In 2 Days Or Less!**
- Delivers the highest pulse dose oxygen output of any portable oxygen concentrator on the market
- Features autoSAT™ technology, which adjusts to the resident’s respiratory rate as it increases and decreases
- Continuous Flow Settings (measured in lpm) 0.5 to 3.0 lpm (0.5 liter increments)
- Includes Power Cartridge (battery), AC Power Supply, DC Power Supply, Eclipse accessory bag and cart with telescoping handle
- Operates on both AC and DC power

### Specifications:
- **O₂ Purity %:** 90% +5.5/-3%
- **Sound Level:** 48 dBA at 3.0 lpm continuous flow mode; 40 dBA at 3.0 pulse dose setting
- **Dimensions:** 12½”W x 7½”D x 19½”H
- **Weight:** 18.4 lbs. with battery installed
- **Warranty:** 3 years on concentrator, 1 year on battery and accessories

#C4575 SeQual Eclipse 5 Transportable Oxygen Concentrator

### Accessories
- #C8758 Humidifier Adapter Kit without Humidifier Bottle
- #C8755 Wheelchair Pack
- #C8750 Power Cartridge
- #C8757 Desktop Charger
- #C5940 2-Year Extended Warranty

### Filters
- #C6188 Air Intake Filter
- #C6198 HEPA Filter

E. Freestyle & Freestyle 5 Portable Oxygen Concentrator – includes handy carrying case with adjustable shoulder strap
- Up to 10 hours between battery recharges with the optional AirBelt and up to 10 hours between battery recharges with the optional External Power Cartridge
- Both units can operate on internal rechargeable batteries, AC power supply and DC automotive power supply

### Specifications:
- **Flow Rate:** 1 - 3 pulse settings (Freestyle), 1 - 5 pulse settings (Freestyle 5)
- **O₂ Purity %:** 90% +5.5/-3%
- **Battery Life:** Freestyle – 2.5 hours/6 hours with external battery; Freestyle 5 – 2 hours/4 hours with external battery
- **Sound Level:** Freestyle – 41 dB, Freestyle 5 – 43 dB
- **Dimensions:** 6½”W x 3½”D x 8½”H (Freestyle), 6½”W x 4½”D x 10½”H (Freestyle 5)
- **Weight:** Freestyle – 4.4 lbs., Freestyle 5 – 6.2 lbs.
- **Warranty:** 3 years on concentrator, 1 year on battery and accessories

#C4576 Freestyle Portable Oxygen Concentrator  
#E1456 Freestyle 5 Oxygen Concentrator

### Accessories
- #C8768 AirBelt Kit with US Power Cord
- #C8765 External Power Cartridge Kit with US Cord
- #C8766 Extra External Power Cartridge
- #C8767 Charger (Dock) and Power Supply
- #C8762 Freestyle Carrying Bag
- #C8760 Freestyle and Freestyle 5 Backpack Harness
- #C5938 2-Year Extended Warranty

### Filters
- #C6191 Air Intake Filter for Freestyle
- #C6190 Air Intake Filter for Freestyle 5

◆ Shipping offers valid only in the 48 contiguous states; liftgate charges may apply. See page 3 for additional details.
1 Cardiovascular Exercise

2 Resistance Training
The American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) recommends that exercise training programs for older coronary heart disease patients should optimally include resistance training and walking.

1. Cardiovascular Exercise
Traditional cardio therapy post-rehabilitation uses training stairs and parallel bars for functional activities and an upright exercise bike or upper-body ergometer. Ongoing use and maintenance is becoming the challenge. Many therapy and wellness programs are now moving to a more robust cardio circuit, including treadmills, recumbent bikes, ellipticals, rowing machines and ergometers. It’s important to give older adults different options to best meet their needs.

2. Resistance Training (Strength)
Historically, resistance therapy has been achieved with the use of dumbbells, wrist weights, weight bars, therapy bands and exercise balls. Increasingly, strength machines are being considered in a skilled therapy or post-acute rehabilitation gym, moving from pulley systems and weight plates to alternative options, such as pneumatic, resistance bands or hydraulic machines.
Provide every resident a low-impact, total-body workout

A. **NEW! Spirit Fitness MT200 Medical/Rehab Treadmill Gait Trainer** – accurately assess user gait performance with biofeedback

» **Ships In 2 Days Or Less!**

- Adjust front incline from zero to 15% and the rear decline from -10% to zero grade to simulate uphill and downhill walking
- Parallel bars, deck height and belt speed are all adjustable in small and precise increments for a truly custom workout
- Easily adjust full-length handrails from 24½" to 34½" for extra security
- Bidirectional belt speed can be adjusted in 0.1 mph increments; move forward in speeds from 0.1 to 10 mph and walk in reverse from 0.1 to 3 mph
- Removable step can lower step-up height up to four inches
- Create the right routine with these program modes: heart rate, manual, preset programs, plateau, interval and custom facility programs
- Motor locks for resident safety when belt is not moving

#E6212 Spirit Fitness MT200 Medical/Rehab Treadmill Gait Trainer

B. **NEW! SCIFIT Medical Treadmill** – customize therapy sessions with endless options

- Residents can begin routines with speeds as low as 0.1 mph and increase the pace in 0.1 mph increments up to 12 mph
- The generous 22" x 62" walking surface and extended handrails ensure comfort and safety
- Designed with a maintenance-free, shock-absorbing deck
- Easily adjust speed and incline with handrail controls
- Incline range: -3% to 12%
- 550 lb. weight capacity
- Work in reverse in speeds up to 4 mph
- This hospital-grade treadmill complies with current leakage protection standards
- Certifications: UL1647, CAN/CSA-C22.2, No 68-92, EN60335

#E6095 SCIFIT Medical Treadmill
#E6103 SCIFIT Medical Treadmill with HUR SmartTouch*

*For more information, see page 46.

C. **SCIFIT StepOne Recumbent Stepper** – for low-impact, total-body functional movement

- Height-adjustable seat with incline aids proper positioning
- Features low starting resistance, wheelchair access, comfort adjustments, customizable programs and documentation to help residents reach their goals
- 450 lb. capacity
- 5-year warranty on parts, 1-year on labor, 10-years on frame

#E6096 SciFit StepOne Recumbent Stepper, Standard Seat
#E6097 SciFit StepOne Recumbent Stepper, Bariatric Seat
#E6098 SciFit StepOne Recumbent Stepper, Premium Seat
#E6105 SciFit StepOne Recumbent Stepper, Premium Seat, HUR SmartTouch
D. **T4r Recumbent Cross-Trainer** – provides a total-body workout
- Facilitates a smooth and natural stepping movement
- Sturdy grab ring helps provide support and safety
- Comfortable 360-degree swivel seat with arm supports
- Easy arm adjustments
- Supportive and stable foot pedals

#C2282 T4r Recumbent Cross-Trainer

**Accessories**
- #C2855 T4r Leg Stabilizer
- #C2857 T4r Leg Stabilizer, Unilateral
- #C2861 T4r WellGrip Set
- #C2867 T4r Foot Secure System
- #E4043 T4r Bilateral Leg Stabilizer System

E. **NEW! SCIFIT Pro2 Total Body Exerciser** – combine the power of an upper-body exerciser with a recumbent bike
- Dependent motion allows stronger extremities to assist weaker ones
- Adjust upper and lower cranks with three length settings
- 360 Therapist Assist Pedal is conveniently located on the seat
- Low starting resistance allows residents to start at the level they need
- Available with SmartTouch technology

#E6085 SCIFIT Pro2 Total Body Exerciser, Premium Seat, HUR SmartTouch
#E6060 SCIFIT Pro2 Total Body Exerciser, Premium Seat, Low Boots for Wheelchair Ramp

**Accessories**
- #E6076 SCIFIT Accessory Leg Stabilizers (Pro2)
- #E6078 SCIFIT Accessory Low Support Boots (Pro2)

F. **NEW! SCIFIT Pro1** – strengthen the upper body with this versatile, highly-adjustable machine
- Accommodates all heights and ranges of motion with adjustable tilt head
- Create more workouts with bidirectional exercise
- Customize routines starting with very low resistance and work upwards
- Wheelchair platform included
- Available with SmartTouch technology

#E6083 SCIFIT Pro1 Upper Body, Premium Seat, HUR SmartTouch
#E6054 SCIFIT Pro1 Upper Body Exerciser, Adjustable Cranks, Premium Seat
#E6055 SCIFIT Pro1 Upper Body Exerciser, Adjustable Cranks, Bariatric Seat
#E6056 SCIFIT Pro1 Upper Body Exerciser, Adjustable Head/Cranks, Standard Seat
#E6057 SCIFIT Pro1 Upper Body Exerciser, Adjustable Head/Cranks, Premium Seat
#E6058 SCIFIT Pro1 Upper Body Exerciser, Adjustable Head/Cranks, Bariatric Seat
#E6059 SCIFIT Pro1 Upper Body Exerciser, Adjustable Head/Cranks, Premium Seat for Wheelchair Ramp

**Accessories**
- #E6086 SCIFIT Accessory Wheelchair Platform (Pro)
- #E6089 SCIFIT Accessory Wheelchair Ramp (Pro)
- #E6081 SCIFIT Accessory External Rotations (Pro)
Offer circuit training options with a variety of cardio equipment

A. **NEW!** Matrix R3X Recumbent Cycle with ROM³ – a breakthrough in efficacy and speed of lower-extremity rehabilitation
   - A solution for residents with extremely limited ROM – virtually any user can begin safe, comfortable movement immediately
   - Patented adjustable pedal system enables a resident with any lower-extremity range of motion to begin movement with passive motion and gradually increase to assisted-active and active motions
   - In a first study of the technology, total knee replacement patients showed faster recoveries, fewer complications and discharges to home one to five days earlier
   - Patients with comorbidities have been repeatedly observed to recover 25% to 50% faster
   - Therapist or assistant can supervise multiple residents simultaneously
   - Facilitates rehabilitation of sit-to-stand motion, climbing and descending stairs, walking on uneven surfaces, and other advanced gaits
   #E2645 Matrix R3X Recumbent Cycle with ROM³

B. **NEW!** Matrix H3X Hybrid Bike – with an easy-to-use LED display
   - Ensure a comfortable workout with a command seating position and pivoting armrests
   - Step-through entry ensures easy access
   - Self-powered system allows for freedom of placement with cost-saving benefits
   - Ventilated Ergo Form™ seats provide customizable balance and support while keeping residents cool
   - Design the right workout with 30 resistance levels
   - 400 lb. capacity
   #E2647 Matrix H3X Hybrid Bike

C. **NEW!** Spirit Fitness CRW800 Rowing Machine – high-performance features meet reliable design
   - Air and magnetic resistance (16 levels) for smooth and consistent operation
   - Wireless remote handle controls allow quick changes to resistance
   - Fold-up frame for easy storage
   - Commercial-grade handle strap is both smooth and reliable
   - Solid steel frame with aluminum monorail and durable stainless steel fan cover
   - Flex pedals with easy-adjust numbered settings
   - Adjustable console angle and height for the perfect viewing angle
   #E6170 CRW800 Rowing Machine
D. **NEW! CanDo® Magneciser® Arm/Leg Pedal Exerciser** – enhances upper- and lower-body strength
- Offers ultra-quiet, bidirectional magnetic resistance controlled by a knob for easy adjustments
- Fully automatic digital LCD display indicates speed, elapsed time, calories, distance and a scan of all functions
- Requires two AA batteries (included)

#06458 Magneciser Arm/Leg Pedal Exerciser

---

E. **CanDo® Portable Pedal Exerciser** – increases mobility, flexibility and endurance
- **FREE SHIPPING!**
- Ships in 2 Days Or Less!
- Includes nonslip pedals for better control
- Wide leg spread and rubber feet aid in stability
- Wraparound adjustable straps secure hands and feet
- Adjustable resistance to increase and decrease difficulty

#81819 Pedal Exerciser, 16"W x 19 1⁄2"L x 9 1⁄2"H

---

F. **Tri-Core Balance & Stabilization Multistation** – improves resident balance and stabilization
- Small 5’ x 7’ footprint houses great three-in-one product
- Reads distance, time, speed, calories and heart rate
- Aids caregivers in performing effective health evaluations
- Includes adjustable, rotating pulley (#14192), 355 Series upper-body platform with adjustable stand (#91294) and Sit-to-Stand Exerciser (#90999)
- Sit-to-Stand Exerciser (STS) can be ordered separately (see above)
- Transfers are made easy by attaching pulley cables to the included gait belt while the resident is seated for up to 75 lbs. of assistance
- Warranty: 1 year bumper to bumper; 5 years on all moving parts; 20 years on the frame

#91306 Tri-Core Multistation, 60"W x 84"L x 72"H
#A6231 Sit, Stand and Transfer Multistation
#14192 Functional Pulley
#91294 355 Series, e1 Table Platform

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**THERAPY: CARDIO**

► Shipping offers valid only in the 48 contiguous states; liftgate charges may apply. See page 3 for additional details.
The American Heart Association and the Heart Failure Society provide the following guidelines for resistance training in a Skilled Nursing and Rehabilitation facility:

- Start residents with a low-intensity, high-repetition routine
- Intensity shouldn’t be more than 50 – 70% of one repetition maximum, which is the maximum amount of weight that can be lifted one time
- A good routine for residents includes performing 4 to 6 exercises working the arms and legs two times per week

Perfectly complement your HUR and SCIFIT equipment with HUR SmartTouch or SmartCard, complete with functional training protocols and data capture capabilities for Active Aging exercises, senior-specific physical therapy and post-acute rehabilitation.

### For your residents:
- Personal trainer in a box
- Counts repetitions and load (weight) performance
- Alerts you when exercise is complete
- Tracks against past performances, highlighting progress

### For your therapists:
- Tracks and records training data to document progress
- Speeds up your introductory session with new residents
- Implements training protocols through the user interface
- Increases resistance automatically as patient progresses

### How the SmartTouch works:
- Staff registers new users in the system and creates a personal training program
- Users start training at the first machine. No need to log in or out; machine recognizes RFID SmartTouch band as identification for a personal training program
- Automatic electronic set-up of machine: load, repetitions, seat and lever arms
- Stores and visualizes progress and training program in a personal online/mobile profile

### How the SmartCard works:
- Staff registers new users in the system and creates a personal training program
- Users log in at the kiosk and select a personal training program
- Resistance and repetitions are set automatically; animated instructions are available if required
- Users sign out at the kiosk. Performance monitoring reports are provided and the program is updated automatically when target levels are reached

#E5854 HUR SmartTouch Kiosk Package

#C7969 SmartCard Upgrade Kit
A. HUR 5-in-1 Strength Equipment, SmartCard Enabled – five exercises in one, including leg extension, leg curl, push up, pull down and chest press

#E2017 HUR 5-in-1 Strength Equipment, SmartCard Enabled

B. HUR Leg Press Exercise Machine Rehab – independent lever arms effectively exercise the entire leg
- Choose from six different starting positions and easy adjustment of the back support to ensure a safe and effective exercise

#A6351 HUR Leg Press Exercise Machine Rehab
#C7970 HUR Rehab Leg Press, SmartCard
#E5864 HUR Rehab Leg Press, SmartTouch
#E5874 HUR Rehab Leg Press, SmartTouch, Electronic Adjustments

C. HUR Leg Extension & Curl Exercise Machine Rehab – provides safe and effective rehabilitation of the extensor and flexor muscles of the knee

#A9937 HUR Leg Extension & Curl Exercise Machine Rehab
#C7971 HUR Rehab Leg Extension/Curl, SmartCard
#E5863 HUR Rehab Leg Extension/Leg Curl, SmartTouch
#E5873 HUR Rehab Leg Extension/Curl, SmartTouch, Electronic Adjustments

D. HUR Abdomen/Back Exercise Machine Rehab – four total exercises ideal for increasing core strength

#A9940 HUR Abdomen/Back Exercise Machine Rehab
#C7975 HUR Rehab Abdomen/Back, SmartCard
#E5859 HUR Rehab Abdomen/Back, SmartTouch
#E5872 HUR Rehab Abdomen/Back, SmartTouch, Electronic Adjustments

E. HUR Chest Press – strengthens upper body to help catch oneself in the instance of a fall

#B0064 HUR Chest Press
#C7973 HUR Rehab Chest Press, SmartCard
#E5856 HUR Rehab Chest Press, SmartTouch
#E5869 HUR Rehab Chest Press, SmartTouch, Electronic Adjustments

F. HUR Dip/Shrug Exercise Machine Rehab – strengthens the muscles associated with sitting, standing and transferring

#A9941 HUR Dip/Shrug Exercise Machine Rehab
#C7974 HUR Rehab Dip/Shrug, SmartCard
#E5877 HUR Dip/Shrug, SmartTouch
#E5881 HUR Dip/Shrug, SmartTouch, Electronic Adjustments

Frame Finishes
- black
- gray
- white

Upholstery Colors
- black
- blue
- green
- red
- lime
- brown
- beige

1-800-634-7328 DirectSupply.net
Bring the benefits of rehabilitation to any resident

A. **NEW! Barihab™ XS and XKS Treatment & Assessment Platforms** – combine multiple pieces of equipment into a single platform
   - Built-in features include:
     - Adjustable headrest
     - Seatbelt
     - Electrically controlled adjustable backrest and seat lift
     - Two double-level stainless steel transfer bars with handle grips, footplate and hand control
   - Compatible with all lifting devices
   - UL recognized electronics

   #E6389 Barihab XS Hi-Low Mat Table with Standing Frame, 500 lb. Capacity
   #E6390 Barihab XKS Hi-Low Mat Table with Standing Frame, 1,000 lb. Capacity

B. **Barihab Parallel Bar System (optional add-on)**
   - Each parallel bar weighs 18½ lbs. and is fashioned out of 16-gauge steel and polished chromed
   - Safety seat (included with Barihab system) inserts between the parallel bars to provide a convenient rest spot during therapy

   #E6391 Barihab Parallel Bar System

C. **Convertible ADA Space-Saver Staircase – lots of configuration options**
   - Compact footprint takes up less space in your therapy center
   - Set up in straight-line or corner designs – not changeable on a daily basis
   - 11”D steps and extended ergonomic handrails
   - 350 lb. capacity
   - Meets ADA guidelines

   #09174 Convertible ADA Space-Saver Staircase, 36”W x 36”D x 18”H

**Ceiling lifts offer smarter lifting**

Always there when you need it, a ceiling lift can help increase safe lifting practices in your community. Contact your account manager today to learn how you can take advantage of ceiling lifts in your community.

A. Always there when you need it, a ceiling lift can help increase safe lifting practices in your community. Contact your account manager today to learn how you can take advantage of ceiling lifts in your community.
D. **Panacea® Exercise Ball** – helps residents restore balance  
▶ **FREE SHIPPING!**  
- Ribbed, nonslip vinyl surface for security  
- Serves as a vestibular aid for movement and equilibrium  
- 300 lb. capacity  
  - #C4755 Panacea Exercise Ball, 12”, Blue  
  - #C4756 Panacea Exercise Ball, 18”, Yellow  
  - #C4757 Panacea Exercise Ball, 21 1⁄2”, Orange  
  - #C4758 Panacea Exercise Ball, 25 1⁄2”, Green  
  - #C4759 Panacea Exercise Ball, 29 1⁄2”, Red  
  - #C4760 Panacea Exercise Ball, 33 1⁄2”, Blue  
  - #C4761 Panacea Exercise Ball Inflation Pump, Small  
  - #C4762 Panacea Exercise Ball Inflation Pump, Large

E. **Panacea® Exercise Band** – your low-cost, high-performance exercise band alternative  
▶ **FREE SHIPPING!**  
- Five levels of resistance for customizable exercise  
- Space saving and versatile, it makes an excellent alternative to free weights  
- Add variety to workout or therapy routines  
- Made of high quality latex-free material for long life  
  - #C4797 Exercise Band, 6 Yd. Roll, Extra Light, Peach  
  - #C4798 Exercise Band, 6 Yd. Roll, Light, Orange  
  - #C4799 Exercise Band, 6 Yd. Roll, Medium, Lime  
  - #C4800 Exercise Band, 6 Yd. Roll, Heavy, Blueberry  
  - #C4801 Exercise Band, 6 Yd. Roll, Extra Heavy, Plum  
  - #C4802 Exercise Band, 50 Yd. Roll, Extra Light, Peach  
  - #C4803 Exercise Band, 50 Yd. Roll, Light, Orange  
  - #C4804 Exercise Band, 50 Yd. Roll, Medium, Lime  
  - #C4805 Exercise Band, 50 Yd. Roll, Heavy, Blueberry  
  - #C4806 Exercise Band, 50 Yd. Roll, Extra Heavy, Plum

F. **Panacea® Soft Iron Dumbbell Sets** – easy for residents to grip  
▶ **FREE SHIPPING!**  
- 1 to 5 lb. weights  
- Ideal for arm and upper-body exercises  
- Covered in thick, easy-grip coating of soft vinyl  
- Poundage embossed on ends for easy identification  
  - #C4785 Dumbbell Weights, 1 lb. pair  
  - #C4786 Dumbbell Weights, 2 lb. pair  
  - #C4787 Dumbbell Weights, 3 lb. pair  
  - #C4788 Dumbbell Weights, 4 lb. pair  
  - #C4789 Dumbbell Weights, 5 lb. pair  
  - #C4790 Dumbbell Weights, 1, 2, 3 lb. pair  
  - #C4791 Dumbbell Weights, 1, 2, 3, 4, 5 lb. pair  
  - #C4793 Dumbbell Weights with Wall Rack, 1, 2, 3, 4, 5 lb. pair

G. **NEW! Panacea® Cuff, Wrist & Ankle Weights** – contoured for the perfect fit  
▶ **FREE SHIPPING!**  
- Color-coded and marked with both pounds and kilograms  
- Contours to snugly fit ankles, wrists and even thighs  
- Grommeted for easy hanging (up to 12 1⁄2 lbs.)  
- Long hook-and-loop closure strap for secure fit  
- Individual weights available, call your account manager for more details (½ lb. - 10 lb.)  
  - #C4773 Cuff, Wrist & Ankle Weights, 9 Piece Set  
  - #C4775 Cuff, Wrist & Ankle Weights, Rack with 7 Pieces  
  - #C4776 Cuff, Wrist & Ankle Weights, Rack with 20 Pieces  
  - #C4777 Cuff, Wrist & Ankle Weights, Rack with 24 Pieces  
  - #C4778 Cuff, Wrist & Ankle Weights, Rack with 32 Pieces  
  - #C4779 Cuff, Wrist & Ankle Weights Rolling Rack

**Resistance Comparison Chart**

<table>
<thead>
<tr>
<th>Level</th>
<th>Panacea</th>
<th>TheraBand</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<td>peach</td>
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<tr>
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<td>red</td>
<td>orange</td>
</tr>
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<td>green</td>
<td>lime</td>
</tr>
<tr>
<td>4</td>
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<td>blueberry</td>
</tr>
<tr>
<td>5</td>
<td>black</td>
<td>plum</td>
</tr>
</tbody>
</table>
1. Education
Residents who are actively participating in their healthcare are more likely to engage in activities and adapt behaviors that promote and maintain health. Resident and family education is a critical component of cardiac care. Regardless of the resident’s prognosis and plan, whether discharge to home or remaining in the Skilled Nursing and Rehabilitation facility, there are important opportunities to engage the resident in his or her care and provide educational opportunities at each stage.

2. Emergency Preparedness
Emergency carts stocked with equipment and supplies to respond to emergencies are becoming more popular in Skilled Nursing and Rehabilitation facilities, especially those with designated Transitional Care units. Content may vary but most carts contain:
- Vital signs monitors
- Oxygen support
- IV and fluids
- Suction devices
- CPR support
- AEDs

3. AEDs
Many Skilled Nursing and Rehabilitation providers are adding automatic external defibrillators (AED) to their communities with the goal of improving response times and survival rates of victims of cardiac arrest. Skilled Nursing and Rehabilitation providers should review their state laws and consult with their medical directors and other stakeholders before installing an AED.

Our commitment to you for more than 30 years:
Your Satisfaction is Guaranteed. Period.

Michele Miller
Direct Supply Corporate Account Specialist
2 Emergency Preparedness

3 AEDs
A. **NEW!** Transitional Care Kits – the one-box solution to provide residents with the tools for successful self-care and avoiding rehospitalizations

- **FREE SHIPPING!**
- Designed to successfully discharge seniors and avoid rehospitalizations
- Combine clinical information and behavior modification to increase wellness

**Prevention Kits** – successfully age in place by mitigating risk and promoting wellness

- #E1841 Heart Fitness – Metabolic Syndrome
- #E1824 Cholesterol Management
- #E1832 Weight Management (#E1833 with digital wrist BP)
- #E1809 A New Outlook – Depression Management
- #E1842 Smoking Cessation

**Chronic Disease Management Kits** – useful monitoring devices and therapy tools with behavioral modification resources to manage long-term chronic conditions

- #E1834 Heart Failure
- #E1827 COPD
- #E1825 Coronary Artery Care – Post Myocardial Infarction
- #E1817 Blood Pressure Control

**Comorbidities Kits** – integrate multiple care regimens and show how these conditions impact one another

- #E1840 Triple Condition: Heart Failure, Blood Sugar & Blood Pressure
- #E1822 Triple Condition: Coronary Artery Disease, Blood Sugar & Blood Pressure
- #E1824 Double Condition: Coronary Artery Disease & Blood Pressure

**Post-Operative Kits** – contain a variety of physical and occupational therapy tools combined with clinician education that makes for a successful transition home

- #E1823 Cardiac Surgery Aftercare
- #E1849 Control the Pain

B. **NEW!** Here’s How to Manage Heart Failure – explains how to live well with heart failure

- 24-page paperback book with interactive format makes it easy for residents to learn about medicines, healthy eating, exercise, stress reduction, rest and smoking cessation
- Available in Spanish

- #E7735 Here’s How to Manage Heart Failure pack of 20
- #E7736 Here’s How to Manage Heart Failure, Spanish pack of 20

C. **NEW!** The Active Heart – stresses the importance of exercise during recovery

- Supports and motivates residents starting a cardiac rehabilitation program
- 16-page paperback book includes an exercise record and goal sheet
- Explains the right way to exercise while recovering, and encourages residents to work with a dietitian to design a healthy meal plan

- #E7591 The Active Heart

D. **NEW!** Heart Attack Bouncing Back – explains how to recover from a heart attack

- 48-page paperback book includes a BMI chart, anatomical heart artwork, information on the effects of Viagra on the heart and a list of heart medicines
- Available in Spanish

- #E7577 Heart Attack Bouncing Back
- #E7578 Heart Attack Bouncing Back, Spanish

E. **NEW!** Cardiology Tear Pads – convenient pads address a range of topics

- Includes 8½” x 11” double-sided sheets (unless indicated otherwise)
- Each pad contains 50 sheets

- #E7645 Symptoms of Heart Failure (single-sided)
- #E7646 Taking Medicines for High Blood Pressure
- #E7692 Exercise and Heart Failure
- #E7658 Exercise for Hearts & Lungs
- #E7751 Sex After a Heart Attack
- #E7610 Weight Management

Enhancing patient and family education can result in a 50% reduction in hospitalizations.

Source: Boutwell et al. (2009)
Enhance the clinical competencies of your staff by adding simulation learning to your education program

**Geri™ Nursing Manikin**
- The Geri™ Nursing Manikin offers features that simulate the most common clinical assessments and skills practiced in Post-Acute Care.
- Features simulate changes that occur with aging, a complete lifelike range of motion, realistic positioning and non-pinching joints.

**F. NEW! Geri™ Nursing Skills Elderly-Care Manikin**
- Lightweight at just 28 lbs.
- 58" H
- Overall female appearance, with simple conversion to male with removal of wig and attachment of male genitalia

- #E4128 Advanced Geri Nursing Manikin with Auscultation
- #13354 Advanced Geri Nursing Manikin
- #13353 Geri Nursing Complete Manikin
- #13355 Basic Geri Nursing Manikin

**Accessories**
- #E4562 Fluid Supply Stand
- #E4563 Nasco Cleaner
- #E4567 Soft Carry Bag
- #E4568 Optional Edema Foot with Deep Tissue Injury
- #E4569 Optional Pressure Ulcer Foot
- #E4570 Shingles Rashes
- #E4571 Venous Stasis Ulcer Wounds

**Replacement Parts**
- #E4554 I.V. Arm Skin and Vein Replacement Kit
- #E4555 Quart of Simulated Blood
- #E4556 Gallon of Simulated Blood
- #E4557 Hip Injection Site
- #E4558 Thigh Injection Site
- #E4559 Shoulder Injection Site (Articulating Arms)
- #E4560 Lubricant
- #E4561 Fluid Supply Bag, 500mL
- #E4564 Hearing Aid List
- #E4565 Dentures
- #E4566 Bladder Reservoir Pressure Sleeve

**G. Basic Buddy™ CPR Manikin** – for valuable practice
- Disposable one-piece lung and mouth protection system
- True-to-life chest rise; adult and child options
- 10 lung and mouth protection bags (included)
- Includes easy-to-follow instruction manual

- #13374 Basic Buddy CPR Manikin each
- #13373 Basic Buddy CPR Manikin case of 5
- #13376 Carry Bag, Holds 5 Manikins pack of 100

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Shipping offers valid only in the 48 contiguous states; liftgate charges may apply. See page 3 for additional details.
Effectively organize your lifesaving equipment

**A. Code Response Cart** – all the features you could need combined for the best possible emergency care

- Defibrillator arm (if equipped) swings 90 degrees and platform rotates 180 degrees for optimal viewing and accessibility
- Easily accessed backboard can be found on the back; optional front-mount backboard can be quoted by special request
- Optional accessories: I.V. pole, recessed tilt bins, oxygen tank holder, security seals, drawer divider kits, pull-out work surface, lockable sharps container and glove box holder
- Additional width and height options available

**Drawer Configuration**
- Two 3" drawers
- One 6" drawer
- One 9" drawer

**Accessory Pack Includes:**
- Rear-mounted backboard
- Defibrillator strap kit
- 2HK IV pole with cart mount
- Pull-out side shelf
- O₂ tank holder – for 4" diameter tank
- 3" drawer divider kit
- Plastic security seals, 100 per pack

**Overall Dimensions:** 35½"H x 32¼"W x 22¾"D

- Defibrillator tray with swing arm available by ordering #23590 or #23591
- Light beige, with Code Blue drawer pulls

**Advanced polymer carts featuring Microban® antimicrobial product protection**

Carts should be specific to a procedure or treatment, as well as cleanable, reliable and cost-effective. Flexline by Metro was designed with infection control in mind, with built-in Microban antimicrobial product protection, smooth, stain-resistant surfaces and rounded corners for easy cleaning.

The lightweight, advanced-polymer material won’t rust, dent, chip, flake or peel. Built-in handles, full extension self-closing drawers and 5" nonmarking casters (two total lock and two directional) are all standard features on the Flexline cart. Every drawer is secured by a thumb-activated instant latch/lock with a hole for security seal.

**We have many more medical carts at DirectSupply.net.**

- #23590 4-Drawer Cart with Accessory Pack & Defibrillator Strap
- #23591 4-Drawer Cart with Backboard & Defibrillator Tray
- #23595 4-Drawer Cart with Backboard & Defibrillator Tray, Microban
- #59605 Security Seals pack of 100

---

We have many more medical carts at DirectSupply.net.
**B. Avalo Emergency Cart** – defines a new standard of organization and function with many superior features

- Unique breakaway locking handle offers the security you require and the simple access essential in every emergency
- Stable maneuverability is built in to every cart, and a full line of accessories boosts efficiency and supports code team performance

**Standard**
**Measures 43”H x 31”W x 24”D**
- #17836 Emergency Cart, Blue
- #25157 Emergency Cart, Red

**Intermediate**
**Measures 39 1/2”H x 31”W x 24”D**
- #17838 Emergency Cart, Blue
- #25158 Emergency Cart, Red

**Compact**
**Measures 36”H x 31”W x 24”D**
- #17839 Emergency Cart, Blue
- #25159 Emergency Cart, Red

**Accessories**
1. #25174 I.V. Pole
2. #25176 Cardiac Board
3. #25177 Oxygen Tank Holder
4. #25178 Defibrillator Shelf
5. #25175 Drawer Divider Kit
6. #17829 Waste Container
7. #17835 Storage Module
8. #17846 Clear Top Mat
9. #25199 Tracking Caster
10. #25197 I.D. Tag Holder
11. #17827 Sharps Container
12. #17828 Glove Box
13. #25180 Writing Surface
14. #25185 Laptop Tray Only, Metal, 13” x 13”

**Build Your Own Cart**

**Step 1** Choose one of three models
**Step 2** Choose a color (red or blue)
**Step 3** Choose add-ons from the Accessories column

*Please consult your account manager for accessory combination options*

Call your account manager for cart total and shipping info.

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**CARE ENVIRONMENT: EMERGENCY PREPAREDNESS**
There are approximately 424,000 cardiac arrests outside of a hospital each year. Of those, only 5.2% survive. **Immediate response with CPR and early defibrillation with an automated external defibrillator (AED) can more than DOUBLE THE CHANCE OF SURVIVAL.**

Source: American Heart Association (2013)

---

**A. AED Plus® Full Rescue AED**

» **FLAT-RATE SHIPPING** – only $12 per shipment!

» **Ships In 2 Days Or Less!**

- Real CPR Help® for rate and depth of chest compressions
- Highest Ingress Protection (IP55) for both dust and water
- Lowest total cost of ownership
- 5-year warranty on unit
- Onsite in-service provided by local ZOLL representative

**#78247** AED Plus

**Mounting Options**

**#60841** Mounted AED Wall Cabinet

**Accessories**

**#87292** CPR-D-padz® with Compression  
**#87293** Lithium Batteries  pack of 10  
**#87294** Stat-padz® II Electrodes  pair

---

**B. HeartStart FRx Defibrillator** – rugged design meets real-world demands

» **Ships In 2 Days Or Less!**

- Voice instructions coach user through each step of defibrillation and CPR
- Infant/child key delivers life-saving aid to young ones
- SMART Analysis technology delivers gentle shock to heart only if appropriate, even when shock button is pushed
- Performs over 85 self-tests to ensure readiness
- Delivers electric pulse in just 8 seconds
- Safe for use in dry or wet environments
- 8-year warranty on unit
- Weighs 3½ lbs.

**#98196** FRx Defibrillator, 8¼"W x 7¾"D x 2¼"H  
**#A1575** FRx Package (Unit, Adult Pads, Carrying Case)

**Mounting Options**

**#98194** Defibrillator Cabinet, Basic  
**#98211** Defibrillator Cabinet, Semi-Recessed  
**#98203** Wall Mount Bracket

**Accessories**

**#98201** Carrying Case  
**#98191** Battery  
**#98189** Replacement Pads and Cartridge  pack of 2  
**#98199** Defibrillator Wall Sign

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Make sure you have the appropriate emergency cart to keep your defibrillators safe and close at hand.

For proper cart options, please see pages 30 - 31.
C. Philips HeartStart OnSite Defibrillator – intuitive and simple to use

- Voice instructions coach average person through each step of defibrillation and CPR
- SMART technology determines if shock is necessary
- Adapts to responder’s pace and actions
- Performs daily, weekly and monthly self-tests
- Features status indicator
- Complies with 2005 AHA CPR guidelines
- 8-year warranty on unit
- Weighs 3½ lbs.

#98193 OnSite Defibrillator, 8⅜"W x 7⅜"D x 2⅜"H
#A1574 OnSite Package (Unit, Adult Pads, Carrying Case)

Mounting Options
#98194 Defibrillator Cabinet, Basic
#98211 Defibrillator Cabinet, Semi-Recessed
#98203 Wall Mount Bracket

Accessories
#98195 Carrying Case
#98191 Battery
#98190 Replacement Pads and Cartridge, pack of 2
#98199 Defibrillator Wall Sign

D. Adult Disposable Resuscitator – for life-threatening situations

» FLAT-RATE SHIPPING – only $12 per shipment!
» Ships In 2 Days Or Less!

- Disposable, adult bag-mask unit with oxygen hose included
- Snug mask fits over resident’s mouth and nose
- Manually deliver oxygen by squeezing bag, or attach one-way valve to an oxygen tank

#33034 Adult Disposable Resuscitator

E. NEW! First Aid Kit – your complete solution for first aid

» FREE SHIPPING!

- Includes carrying bag for easy transport

#C6395 First Aid Kit

F. CPR Board – assists in resuscitation

» FLAT-RATE SHIPPING – only $12 per shipment!
» Ships In 2 Days Or Less!

- Easily cleaned, natural hardwood
- Cutout handles on long and narrow sides to assist in positioning

#85436 CPR Board, 29⅜"L x 19⅜"W x ¾"D
Help residents with cardiac conditions feel at home in your community

Because heart failure, myocardial infarction and COPD attribute to a high level of rehospitalization, many post-acute care providers are looking for ways to build or enhance cardiac care programs.

As part of the IMPACT Act, providers will soon be required to publicly report quality measures to help beneficiaries with post-acute decision making. Prepare your community by tailoring suites for cardiac residents.

A. Invacare® Perfecto® V Oxygen Concentrator – housed in a sleek, modern design
   »Ships In 2 Days Or Less!
   • SensO₂ oxygen monitor keeps track of purity levels
   • Features semi-recessed flow meter
   • 25,000-hour rated compressor life
   #37239 Perfecto® V 5-Liter Oxygen Concentrator with SensO₂
   Filters
   #A0657 Compressor Inlet Filter
   #A0653 Outlet HEPA Bacteria Filter
   #A0661 Cabinet Filter case of 10

B. Attendant® Premium Vital Signs Monitor – industry-recognized measurement technologies for NIBP, SpO₂ and temperature at an affordable price
   »Ships In 2 Days Or Less!
   • See page 7 for details
   #09423 Premium Vital Signs Monitor
   Accessories
   #14356 Rolling Stand

C. NEW! Coag-Sense PT/INR Professional System – direct clot-detection technology that provides accurate results in under one minute
   • See page 11 for details
   #E5753 Coag-Sense PT/INR Professional System

D. NEW! Transitional Care Kits – the one-box solution to provide residents with tools to help ensure successful self-care and avoid rehospitalizations
   »FREE SHIPPING!
   • See page 28 for details
   Chronic Disease Management Kits
   #E1834 Heart Failure
   #E1827 COPD
   #E1825 Coronary Artery Care – Post Myocardiac Infarction
   Comorbidities Kits
   #E1840 Triple Condition: Heart Failure, Blood Sugar & Blood Pressure
   #E1822 Triple Condition: Coronary Artery Disease, Blood Sugar & Blood Pressure

E. Panacea® Flip™ Mattress – patent-pending design is soft on one side, firm on the other – just flip it over to suit your residents’ comfort needs in seconds
   »Ships In 2 Days Or Less!
   #A0893 Panacea Flip, 35"W x 80"L
   #A0896 Panacea Flip, 39"W x 80"L
   #A0899 Panacea Flip, 42"W x 80"L
F. Maxwell Thomas® Geneva Collection – warm veneer surfaces with moisture-resistant high-pressure laminate tops
- Durable dowel, screw, glue and cam construction
- ¾-pull drawer stops for added safety
- Vented back panels promote airflow
- Drawer boxes feature high-strength square dovetail construction
- 7-year limited warranty

#C2874 1-Door/1-Drawer Bedside Cabinet, 22"W x 18"D x 29½"H
#C2878 6-Drawer Chest, 43¾"W x 20"D x 29½"H
#C2879 Headboard/Footboard, Drilled, Head: 37"W x ¾"D x 22"H, Foot: 37"W x ¾"D x 18"H

G. Attendant® Aspirator – optimal tracheal care for clearer airways and easier breathing
»Ships In 2 Days Or Less!
#53499 Attendant Aspirator

H. NEW! Panacea® 3250 Adjustable-Height Low Bed – offers five functions and optional width extension kits
#C8121 Panacea 3250 Mobile at Any Height, Staff Control Safety Lock
#C8122 Panacea 3250 Mobile at Any Height, Pivoting Assist, Staff Control Safety Lock
#C8123 Panacea 3250 Mobile at Any Height, Soft Touch Assist, Staff Control Safety Lock

Find product details, accessories and more at DirectSupply.net.
Residents ages 80+ in an active prevention program experience benefits in risk factors and well-being, meaning age shouldn’t prevent residents from exercising.

Heart Failure is the most common hospital discharge diagnosis for adults ages 65+ and the primary cause of readmission within 60 days.

25% of all Medicare Skilled Nursing residents return to the hospital. Of this group 68% are rehospitalized once, 20% are rehospitalized at least twice.

Residents rehospitalized in 30 days are 3X more likely to die in 1 year.

Rehospitalization rates in Skilled Nursing facilities for heart failure range from 27% to 43% of discharge.

Up to 25% of heart failure patients are readmitted within 30 days of discharge.

Increases in Heart Disease Prevalence

<table>
<thead>
<tr>
<th></th>
<th>Men</th>
<th></th>
<th>Women</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>60 - 79</td>
<td>69.1%</td>
<td>84.7%</td>
<td>67.9%</td>
<td>85.9%</td>
</tr>
<tr>
<td>80+</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cardiovascular Disease</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart Failure</td>
<td>7.8%</td>
<td>8.6%</td>
<td>4.5%</td>
<td>11.5%</td>
</tr>
<tr>
<td>Stroke</td>
<td>6.1%</td>
<td>15.8%</td>
<td>5.2%</td>
<td>14%</td>
</tr>
</tbody>
</table>

Source: American Heart Association (2015)

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