Residents ages 80+ in an active prevention program experience benefits in risk factors and well-being, meaning age shouldn’t prevent residents from exercising.

Residents rehospitalized in 30 days are 3X more likely to die in 1 year.

Heart Failure is the most common hospital discharge diagnosis for adults ages 65+ and the primary cause of rehospitalization within 60 days.

Rehospitalization rates in Skilled Nursing facilities for heart failure range from 27% to 43%.

Up to 25% of Heart Failure patients readmitted within 30 days of discharge.

25% of all Medicare Skilled Nursing residents return to the hospital. Of this group, 68% are rehospitalized once, and 20% are rehospitalized at least twice.
Direct Supply can provide solutions to help reduce risks contributing to rehospitalization.

Direct Supply has exercise equipment to help you prepare residents for safer discharges.

Direct Supply has products that help you enhance your assessments and identify better outcomes.

Direct Supply can provide solutions to help you improve cardiac care in your community.

**ClinicCare**

**Assessments**
Providers are adding assessment tools due to:
- Rising acuity
- Ability to treat in-house instead of at hospital
- Affordable equipment

**Point-of-Care Testing**
Improved technology and CLIA-waived tests offer on-site test options

**Heart Rhythm Monitoring**
Benefits of in-house ECG:
- Quickly assess cardiac rhythm changes
- Make better decisions on treating at hospital or in-house
- Real-time evaluation
- Store-and-forward technology

**Therapy**

**Exercise**
- Improve and maintain health
- Prevent premature mortality
- Reduce the incidence of myocardial infarction
- Diminish the impact of comorbidities such as hypertension, diabetes and high cholesterol

*Source: Fleg (2012)*

**Cardio**
- Training stairs
- Parallel bars
- Upright exercise bike
- Ergometers
- Treadmills
- Recumbent bikes
- Ellipticals
- Rowing machines

**Strength**
- Dumbbells
- Wrist weights
- Weight bars
- Therapy bands
- Exercise balls
- Pneumatic, resistance bands or hydraulic strength machines

**Care Environment**

**Emergency Prep**
Provide fully equipped emergency carts

**AED**
Improve response times and survival rates with AEDs

**Education**

Resident and family education is a critical component of cardiac care

Source: AACVPR Guidelines (2013)

Residents who demonstrate knowledge in self-care are more successful at preventing rehospitalizations

Source: Hibbard et al. (2004)

**Cardiac Care:**
Transition from a traditional care model to specialized cardiac services.

Trust Direct Supply to help you improve cardiac care in your community.

**Consultation**
Expert advice based on your unique community and goals.

**Products**
Unbiased selection assistance to find the perfect solutions.

**Education**
Aggregated best practices to help you ensure success.

1-800-634-7328 | DirectSupply.net